



SAFETY FIRST

Stop, Drop & Roll | Look Left, Look Right | Drop, Cover, Hold

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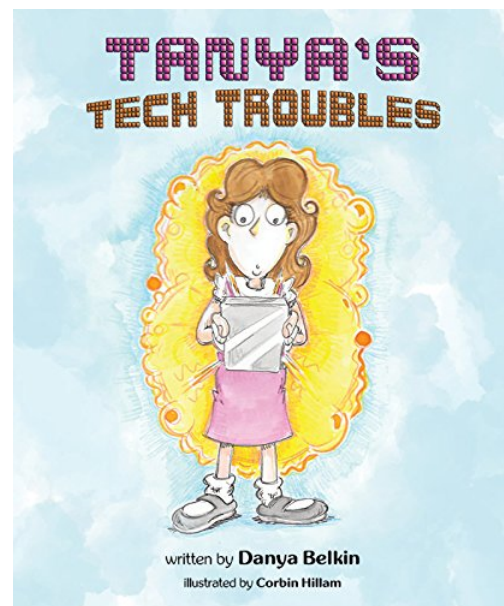
Select **Safety Town of Santa Barbara County** today!

Put down the tablet!

Tanya can't seem to put her tablet down not even while eating breakfast or going to school! When Tanya's parents start to worry about how much time she's spending on her tablet instead of doing homework or chores, can they find a solution to end Tanya's tablet habit before it gets out of control?

About the Author

Danya Belkin is a student at Dos Pueblos High School in Santa Barbara, California. She loves to help educate children and young adults about issues that affect them and their relationships.



Read the entire article from Santa Barbara News Press at www.newspress.com

